



A Publication of Edgar Cayce's Association for Research and Enlightenment, Inc., Pacific Northwest Region

What a Great Selection of Workshops for 2008!

<p>Spring Seabeck - Living in the Spirit Featuring Kathy Callahan</p>	<p>April 4 - 6, 2008</p>	<p>Information on this page</p>
<p>Mu Rising and the Mayan Prophecies of 2012 Featuring Raymond Tarpey</p>	<p>May 17, 2008</p>	<p>Information on page 4</p>
<p>Summer Seabeck - Archaeology of the Soul: Discovering Your Hidden Treasures Featuring Joy H. Bloom, PhD and Nancy Eubel</p>	<p>June 29 – July 3, 2008</p>	<p>See page 2 and the next issue of <u>Pacific Northwest Spirit</u></p>
<p>Edgar Cayce on the Akashic Records and Relationships Featuring Kevin Todeschi</p>	<p>September 27 (Tri-Cities) September 28 (Tukwila)</p>	<p>See the next issue of <u>Pacific Northwest Spirit</u></p>

Spring Seabeck is Almost Here!

Living in the Spirit — Restoring Sanity to an Insane World

with Kathy Callahan

April 4-6, 2008 In Seabeck, Washington

A weekend to focus on the transformative power of spiritual truth when applied in the ordinary moments of daily life



This weekend focuses on the transformative power of spiritual truth when applied in the ordinary moments of daily life. It is based on the premise that we are companions and co-creators with God. We were born to create and each moment we have the opportunity to create good or evil. The choice we make depends upon the spiritual ideals (truths) we choose to live by and how we apply them in daily life. Emphasis is on the ways in which we, as individuals, can become an active part of the creative process, not only in crisis situations, but also in the ordinary moments of every day life. It includes several experiential exercises and a guided meditation.

You will learn about:

- **The Fruits of the Spirit: patience, understanding, compassion, forgiveness, and love**
- **The history of the soul: from unity to separation and back again**
- **The origin and function of evil**
- **Growing along the two axes of the cross: vertical toward God and horizontal toward others**
- **Ways to establish a partnership with God**
- **The how and why of your relationships with others**
- **Developing a daily spiritual practice**
- **Conscious evolution and creative process**
- **Overcoming evil with good: becoming a co-creator with God.**

(Continued on Page 2)

Create a Spiritually Driven Life for 2008



by Claudia Carabba
Region Coordinator

I am in awe that the holidays have come and gone so quickly – truly the blink of an eye. This past holiday, more so than ever before, people commented on how they had slowed down. Slowed or stopped the buying and giving of gifts, choosing instead to donate to a charity or to give, perhaps, the gift of time for a loved one. I heard of coupons for everything from a lunch date to a walk in the park together. They stopped the rush and running from here to there. Even the amount of decorating, trimming and baking had been reduced.

But, what I noticed more than anything else was the number of individuals that commented on how the true **meaning** of the season seemed to be lost and how they wanted off the marketing roller-coaster. And so they did. They simply quieted, calmed and slowed their holidays, spending more time together with family. In our case, we were with smaller groups with a change of intent. Intent is being placed inwardly – on Spirit manifesting into the outer daily world.

Time is passing very quickly now and making the most of a **Spiritually Driven Life** on a day-to-day basis is what appears to be unfolding as my 2008 focus. It is a renewed commitment to that consciousness of a return to Oneness. I think I will likely re-read and study John VanAuken's *Edgar Cayce on the Revelation*.

And, try to remember reading 5749-14, *"That the Christ Consciousness can best be described as the awareness within each soul, imprinted in pattern on the mind and waiting to be awakened by the will, of the soul's oneness with God."*

I hope you can take some time this year to renew your commitment to yourself, to your loved ones, and with your Creator.

Today the wind is howling and it is a good day to start reading.

Spring Seabeck (continued)

The program is a wonderful introduction to the concepts in the Edgar Cayce metaphysical readings as well as a most refreshing "back to basics" course for those long familiar with the readings. Discussion of the evolution of the soul and the origin of evil provides a unique and interesting background for the more practical aspects of the Retreat.

For more information go to www.arepnw.org, or call Maryellen at 360-377-7824 (evenings & weekends only, for registration & info.) or Keith at 253-839-9594 (info. only)

Kathy L. Callahan, Ph.D., is a career Naval officer who has an educational background in Anthropology. A student of the Edgar Cayce readings for over 35 years, she has presented workshops at A.R. E. Headquarters and field conferences, is a frequent speaker at Unity churches, and has appeared on radio and television. Kathy is the author of several books: *The Medicine Wheel: A Guide to the Sacred Circle*; *MultiSensory Human: The Evolution of the Soul*; *Living in the Spirit*, *Applying Spiritual Truth in Daily Life*; *In the Image of God and the Shadow of Demons, a Metaphysical Study of Good and Evil*; and *Unseen Hands and Unknown Hearts*, the story of her daughter's miraculous healing from a life-threatening illness. A compelling speaker and trainer, Kathy will bring her knowledge of the Edgar Cayce Readings, metaphysics, and comparative religious studies to the Retreat.

Save these dates for Summer Seabeck!

by Darsi Bucher

Summer Seabeck is **June 29 - July 3, 2008**. The theme this year will be "Archaeology of the Soul - Discovering Your Hidden Treasures" with speakers Joy H. Bloom, Ph.D. and Nancy Eubel, who are from ARE Headquarters in Virginia Beach. More information about the speakers and their topics will be available on the website as soon as possible. Check www.arepnw.org for updates.

Please notice the days have changed for this year; it will be a Sunday through Thursday retreat due to a scheduling change with other groups. We are excited about the new days because it occurs between a weekend and 4th of July. Hopefully folks will be able to take advantage of this vacation week to join us.

Have you heard the other news about Seabeck? Charles (Chuck) Kraining will be the new director of Seabeck Conference Center. He has been a wonderful person to work with these past several years and we look forward to the future of the center under his direction. Chuck has a big task before him: the December flooding caused a small amount of damage to the center, so they are busy with repairs and clean-up. More information can be found on their website at www.seabeck.org.

How are you helping your Region to be healthy, vital and alive?!

There are **VOLUNTEER** opportunities with Spring and Summer Seabeck Retreats, the Newsletter, Book and Remedy Sales, your Area Teams, the Search For God study groups, and much more. Your talents and skills are needed. See Page 6 for some of the benefits to being a volunteer.

And, your **MONTHLY CONTRIBUTION** keeps the Website up and running, provides for our telephone and 888 toll-free service, buys postage stamps, provides our Newsletter, our Mailing Address PO Box and allows us to do “The Work” of reaching out to those in need of a spiritual uplifting...

Call toll free 888-812-3386 or e-mail Claudia at arepnw@comcast.net

There's Still Time to Get Your Appointment Books

The region has 2008 Search For God appointment books available for \$22.50 plus \$2.50 for postage and handling. These are desk size (8 ½ x11). Each month features one of the chapters from the SFG Book I, with relevant accompanying readings. Get yours today. Call Gary at 888-812-3386 and leave your name and phone number and he will contact you.

New ARE Outreach Program Developed by Claudia Carabba

How would you like to have an afternoon or evening program in your area that could be low-no-cost? How about having a visit from someone from Headquarters at Virginia Beach to answer all of your questions, help you set up a study group, or just visit with you about matters of Spirit and the Readings?

A.R.E. has a new outreach program to visit our “underserved” areas. Where there is a cluster of A.R.E. members and an interest in having more opportunities to meet with like-minded people, Toni Romano is available to make the visit. Perhaps you would like to start a study group, sponsor a speaker or meet periodically for fellowship and sharing.

All we need is someone to arrange a meeting place, set a date and time, and take care of hosting Toni for the visit. An invitation will be sent to members within driving range announcing the gathering. We can help identify A.R.E. members in your area – but we need to hear from you to get this going.

We are seeking people interested in having someone come to your area, from Headquarters and/or our Pacific Northwest Region. We would be willing to bring a small program, with a topic of interest, if that is what you would like.

Please contact me toll free at 888-812-3386 (leave a message) and I will call you back to visit about what it would take to make this happen for you. Or, you can e-mail me at arepnw@comcast.net.

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Articles and letters to the editor are invited and articles become the property of the A.R.E. Pacific Northwest Spirit. Articles should not exceed 300 words.

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Maya: The Sequel

Mu Rising and the Mayan Prophecies of 2012

by Raymond Tarpey

May 17, 2008, at the Unity Church of Christianity, Edgewood, WA



Come hear the exciting sequel to last November's program on "The Spirit World of the Maya." Raymond Tarpey will present all new material, including the 2012 prophecies, at the May 17 discussion in a bigger, more comfortable meeting place.

You will also hear about Edgar Cayce's Testimony and the Mayan Records of Creation (Mayan Culture was formed at the crossroads between the ancient 'Lost Continents' of Mu/Lemuria and Atlantis), The Adam and Eves of Mu and Atlantis, and The Legacies of Mu and Atlantis in the American Lands.

The following is background material for Raymond's program:

When I began my study of the Maya during the 1980's, I had no idea that I was embarking on a quest for the powerful spiritual legacy and message of Mu/Lemuria. Up to that time, I had spent most of my life studying the languages and histories of ancient China and Japan. When I found that both the ancient Maya and the ancient Chinese saw a rabbit in the moon, I chalked it up as coincidence. But then these 'coincidences' began to pile up, including a fascination with jade as the symbol of the spirit/life force of creation and the sanction of dynastic rule; seeing bluegreen as a single color and having a glyph/character to represent it; and remarkable similarity in art and designs that show the ubiquitous dragon/serpent motif known in China as the 'tao-tiè,' a monster representing the fierce and awesome power of the spirit force within all things incarnate. In India, it is known as the 'kundalini' spirit power.

Finally, when I saw a Mayan glyph depicting Ixchel, the Mayan Moon Goddess with her rabbit companion (a direct parallel with the Chinese Moon Goddess 'Chang e' and her rabbit companion), I was not just astounded, I was absolutely mystified! How could this be? According to the mainstream view of ancient world history, there was no direct diffusion of Asian civilized cultures to the Americas. The native people of the Americas were considered to be solely the descendants of the Ice Age migrations of hunter-gatherer groups across the Bering Strait Landbridge between Asia and Alaska.



In my desperate search for an explanation of these ancient Chinese-Mayan parallels, I was led to the readings of Edgar Cayce. Cayce's testimony about the advanced civilizations of the 'lost continents' of Mu/Lemuria and Atlantis not only provided the answers to my questions, but added a new dimension to my studies. I now see all of my historical research as a quest for the ancient caches and inscriptions left by our ancient selves for our future selves in hopes of reminding us of our spiritual heritage and destiny. This quest is known as 'Spiritual Archaeology.'

Edgar Cayce reported that the Olmec and Mayan heartlands were strategically located between the Atlantic and Pacific Oceans and were thus heavily influenced by various missions and migrations from Mu and Atlantis. When I re-read the ancient 'Creation Records' of the Maya, the Chinese and the Japanese, I was then able to see the ancient layers of influence from Mu and Atlantis. What especially surprised me was the power of the 'Spiritual Message of Mu.' It shines like a bluegreen gem within the ancient records, the Sacred Calendar and the 2012 Prophecies of the Maya.

During his recent presentation at Virginia Beach, Kevin Ryerson (the noted psychic who helped Shirley Maclaine) predicted that in 2012, "...an ancient civilization older than Atlantis will be discovered off Japan's coastal waters that will revolutionize the way we think of human history." Signs of these Mu ruins have already appeared off Yonaguni Island near Okinawa, Japan. My studies of Mu/Lemuria and the Mayan prophecies of 2012 have led me to the same conclusion. According to Edgar Cayce, the ancient souls of Mu are not as bound by karmic debt as the souls of Atlantis. I believe that the spirit influence of Mu is rising as part of the ancient divine plan of creation worked out for us by Amilius, our 'first and last Adam.' This spiritual message will change the way we look at the other spirit beings (plants, animals, rocks, water, soil, etc) coexisting with us here on Mother Earth. 'Mu Rising' will bring forth signs and invitations to all people to remember their sacred contracts and responsibilities for the preservation of all the life-forms which thrive upon the earth.

For more information on this program, call Keith at 253-839-9594.

Raymond Tarpey is a trained historian whose areas of research are Mayan/Aztec, Anasazi, Japanese, and Chinese history and spirituality. This background, and information from Edgar Cayce's readings has led him also to do major work on the "lost continents" of ancient Atlantis & Mu/Lemuria.

Raymond holds an MA degree in Chinese History and Language (1973) from St. John's University. He is also an accomplished linguist, fluent in both Mandarin Chinese and Japanese, and is a student of Mayan languages and classical Aztec Nahuatl. Raymond has given presentations on Mayan/Aztec history in New York, Seattle, and Portland. He also gave a presentation on "The Legacy of Mu/Lemuria" at last year's A.R.E. Ancient Mysteries at Virginia Beach in October. Four of his articles have appeared in the A.R.E. Ancient Mysteries newsletter.



Spiritual Growth in Small Groups

The Cayce material insists that everything one needs lies within self, each becomes his own teacher and a teacher to others. Why work in groups? It magnifies the results. Group work offers: support to its members; clarification and feedback; motivation to persevere; a safe environment; other points of view; open discussion. Through the study group, you get an understanding of spiritual law. It's the line upon line, precept upon precept that the readings suggest how we grow. With the help of group members and personal application and meditation, we all grow.

Below is a list of Study Groups and their contacts in our Region. Our Study Group Coordinator Darsi Bucher can be reached at 425-681-0020 (email: bu.rein@cablespeed.com). For these ASFG books or others contact Gary Schoonveld at 360-588-0662 toll free at 1-888-812-3386 or email at region-store@comcast.net.

<p><u>Washington</u></p> <p>Anacortes #1 Mutual Interest 3rd Sunday Claudia Carabba Cicarabba999@comcast.net 360-708-4441</p> <p>Bellevue #2 SFG Tuesday 7:00 PM Marilyn Bechlem 206-632-3578</p> <p>Bellingham #1 SFG Thursday 7:30 PM Laura Clark brownie3@att.net 360-650-0530</p> <p>Bremerton #1 SFG Thursday 7:00 PM Mary Ellen Babbitt 360-377-7824</p> <p>Edgewood #1 SFG Tuesday 10:00 AM Marilyn Redmond Marilyn@angelicagifts.com 253-845-4907</p> <p>Federal Way #1 SFG Tuesday 7:00 PM Keith & Shirley Grinnell Klgrinnell@Aol.com 253-839-9594</p> <p>Federal Way #2 SFG Friday 10:00 AM Keith Grinnell Klgrinnell@Aol.com 253-839-9594</p> <p>Gig Harbor #1 SFG Thursday 10:00 AM Sharon Falk sgregfalk@comcast.net 253-549-4038</p> <p>Pacific NW Prayer #1 Prayer by mail Germaine Morgan germaine@cityinsctr.com 206-547-2816</p>	<p>Puyallup #2 SFG Ardath Rock 253-848-2851</p> <p>#2 Eastside Family Youth SFG 3rd Sunday 1:00 PM Darsi Bucher bu.rein@cablespeed.com 425-681-0020</p> <p>Poulsbo / Kingston SFG Wednesday 6:30 AM Maryellen Babbitt 360-377-7824</p> <p>Renton #1 SFG Thursday 7:30 PM Mary C. Strunc 253-854-2832</p> <p>Richland #1 SFG Thursday 7:30 PM R Pierre Saget pierre_saget@hotmail.com 509-588-6546</p> <p>Snohomish #1 Prison SFG 2nd & 4th Friday 5:30 PM Cal McDonald cascade.cal@juno.com 360-668-2467</p> <p>Sno-King #1 SFG Tuesday 7:30 PM Bill McKenzie bilindaLLC@verizon.net 425-702-6301</p> <p>Spokane Valley #4 SFG internet email Fred Miller fredthomasmiller@hotmail.com 509-893-2417</p> <p>Tumwater #1 Discovery Group SFG Monday 7:00 PM Janet Marie discovhous@aol.com 360-556-6523</p>	<p>Vancouver #1 SFG Wednesday 7:00 PM Trudy Huff himmel41@aol.com 360-887-0720</p> <p>Yakima SFG Barbara Rankin 509-966-7047</p> <p><u>Idaho</u></p> <p>Boise #2 SFG Michael Burns mb1475@gmail.com 208-899-4132</p> <p>Iona #1 SFG Marguerite Nelson margueritenelson@aol.com 208-535-9285</p> <p>Pocatello #1 SFG Wednesday 7:00 PM Sally & Jack Philips johnphiljet@aol.com 208-232-2295</p> <p>Pocatello #2 SFG Janet Marugg marugg@cableone.net 208-233-2336</p> <p>Twin Falls #1 SFG Nancy Lemmons Nlemmons@Pmt.Org 208-733-5748</p> <p><u>Oregon</u></p> <p>Bend #1 Rosemary Sprong lordmattus@hotmail.com 541-389-4822</p> <p>Donald #1 Debra Holliday dlholl@wbcable.net 503-678-1303</p>	<p>Grants Pass #1 SFG Wednesday 1:00 PM Karla Peterson mtnmom4@hotmail.com 541-956-9596</p> <p>Hermiston #1 SFG Melanie Brown motherwillow@msn.com 541-567-0871</p> <p>Lake Oswego #1 Mutual Interest 3rd Sunday 10:00 AM Nobie & Raymond Tarpey nobtarpey@yahoo.com 503-697-8341</p> <p>Lincoln City #1 Mutual Interest Dee Cuenod 541-994-8402</p> <p>Pleasant Hills #1 SFG Kim Black 541-726-5891</p> <p>Portland #1 SFG Michael & Yvonne Parker 503-252-0764</p> <p>Portland #2 SFG Madge Kidd 503-287-1605</p> <p>Portland #5 SFG Muriel Cowing 503-659-6384</p> <p>Wallowa #1 SFG Wednesday 7:00 PM Jo Ann Deal 541-886-6620</p> <p>Forest Grove #1 SFG Thursday 12:00 AM Milli Boldman millibolits@aol.com 503-357-9774</p>	<p><u>Alaska</u></p> <p>Anchorage #2 SFG Mary Oxley-Himstedt mhimstedt@acsalaska.net</p> <p>Anchorage/Ntnh Lt #1 SFG Ronald & Sharon Trager 907-333-2546</p> <p><u>Montana</u></p> <p>Kalispell #1 SFG Thursday 7:00 PM Marianna Ward 406-752-5209</p> <p>Missoula #2 SFG Lee Rose rainbow8@bresnan.net 406-542-5673</p> <p>Ronan #1 SFG Ellen Wicklund ellenDC@Ronan.net 406-676-0170</p> <p>Stevensville #1 SFG Jonathan Ford fordjd9@netscape.net 406-531-0556</p> <p><u>Canada</u></p> <p>Nanaimo BC SFG Wm & Judith Munns wmunns@shaw.ca 250-753-2110</p> <p><i>If you don't see a group in your area, contact Darsi; there could be other people in your area also looking for a study group. It just might become the beginning of a new group.</i></p>
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Astrology Reports Now Include a Longer Relationships Version

by David Kralman

We are now offering the full length version of the Relationships (compatibility) report. It is about 3 times as long as our previous report. The new version allows you to make your choice of compatibility for either friendship or romantic. When ordering, you need to specify which version you want. The prices are on the form on Page 7, and all chart wheels, profile scores, and compatibility scores are still included. Please use the form on Page 7 when ordering.

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Steps Along the Path

by Gordon Yumibe

Greetings! I've been as busy as ever and it's already time for another column. I've just finished the last paper for my "Mysticism and Mental Health" course through Atlantic University. I've been working for this moment for over a year and it brought a big smile of satisfaction. I can't remember how many books I've read but there were five just for the last paper, on the writings of two mystics in the 16th century, St. Teresa of Avila and St. John of the Cross.

Both lived in the church but faced many hardships from that very same institution. The Spanish Inquisition placed both under extreme scrutiny. However, all of their writings have a timely application for today as well. St. Teresa's *Interior Castle* has been a classic for centuries, but there recently has been a renewed interest in both of their writings. For example, medical intuitive and author Caroline Myss has centered much of her recent work on the writings of St. Teresa. St. Teresa's *The Book of My Life* is an autobiography written in her forties. St. John of the Cross's *Dark Night of the Soul* has become an expression for the inner turmoil one can face before illumination. If you would like to read my paper on these two mystics, check the Region's website, www.arepnw.org, where it should be posted by the time you read this.

One other aspect about this course on St Teresa and St John was that I took a trip to Portland to a book reading from Mirabai Starr, the translator of three of the books I used. It was pretty amazing to meet her after spending the last six months reading her translations. Mirabai flushed out their lives with insights that made the works easier to assimilate. There was a very personal moment for me at the reading. As Mirabai talked about her young daughter's death, it was apparent that she was still grieving from her loss, and that it was related to manic/depressive illness and to having a "spiritual emergency." These were exactly the same subject matters I'd spent the last year studying about. I thought I had come full circle. I told her about my own experiences and sent her the web address for the course I just finished.

What this all means for me is what lies ahead for next year, 2008. The first thing I'm going to do is register for another class "Introduction to Transformational Astrology," with the same Atlantic University teacher, Raye Mathis, who has a regular astrology column in the "Venture Inward" magazine. The course studies astrology "through the discoveries of depth psychology and the broader and more universal view of astrology that came through the Edgar Cayce readings." I've been interested in astrology for some time now and hope to find out the processes involved in this "arcane" science. If there is anyone interested in seeing the course outline and reading list, I will send it to you (gyumibe@gmail.com). I enjoy my studies through Atlantic University because they help me understand myself better.

Another upcoming ARE activity that I've already penciled into my calendar is Spring Seabeck with Kathy Callahan as the guest speaker. "Restoring Sanity to an Insane World" seems very apt for our present times.. We are indeed living in an "insane" time.

The only other date I've set aside is for another Virginia Beach conference in October with Gary Renard, author of "The Disappearance of the Universe" and "Your Immortal Reality." Both books resonated with me, particularly the lessons about forgiveness. I've started reading "A Course in Miracles," on which Reynard based his books, and have seen the benefits of following that Course. I feel that the ARE stands for an "all inclusiveness" when it comes to personal enlightenment. I also think that one's spirituality remains a highly individual matter. What works for one of us might not necessarily work for another.

For those within our NW community and abroad, I hope this New Year will meet everyone's idea of what an opportunity we have to be living in these challenging times. Let's all try reaching out to others. We all need this more than anything else. God bless.

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We normally use the Sidereal zodiac for calculations as it is 30 degrees more accurate than Tropical.

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Name (first person) _____ (M / F) Birth Date: (mm/dd/yy) ___/___/___ Birth Time: _____:_____ am / pm Birth City: _____ State: _____ Country: _____ Relocate to: (city, state/country) 1. _____ 2. _____ 3. _____ 4. _____	Name (second person) _____ (M / F) Birth Date: (mm/dd/yy) ___/___/___ Birth Time: _____:_____ am / pm Birth City: _____ State: _____ Country: _____ Relocate to: (city, state/country) 1. _____ 2. _____ 3. _____ 4. _____

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What is the A.R.E.®? The Association for Research and Enlightenment founded by Edgar Cayce in 1931 is an international non-profit, nonsectarian membership organization, headquartered in Virginia Beach, Virginia. Its mission is to promote the study, application, and dissemination of the information contained in the psychic readings of Edgar Cayce, and to help people change their lives for the better through spiritual concepts in the Cayce readings.

Blessings to you!

Calendar of Events

See www.arepnw.org for more information on all events

April 4 -6, 2008

**Spring Seabeck
Seabeck Conference Center
“Living in the Spirit –
Restoring Sanity to an Insane World”
with Kathy Callahan**

Contact: Maryellen at 360-377-7824
(evenings & weekends only, for registration &
info.) or Keith at 253-839-9594 (info. only)

April 2008

Core Team Meeting: call 1-888-812-3386

May 17, 2008

**Unity Church of Christianity
Edgewood, WA
“Mu Rising and the Mayan
Prophecies of 2012”
with Raymond Tarpey**

Contact: Keith Grinnell
253-839-9594 or
Klgrinnell@Aol.com

June 29 – July 3, 2008

**Summer Seabeck
“Archaeology of the Soul -
Discovering Your Hidden Treasures”
with Joy H. Bloom and Nancy Eubel**

September 27 (Richland) and

**September 28 (Tukwila)
“Edgar Cayce on the Akashic
Records and Relationships”
featuring Kevin Todeschi**

What is the A.R.E.® Pacific Northwest Region? Established in 1993, the A.R.E.® Pacific Northwest Region serves the membership in British Columbia in Canada, the Yukon, Alaska, Washington, Oregon, Idaho, and Western Montana. The membership is fostered at the local level with a quarterly newsletter, Spiritual Growth Groups, “Search for God” Study Groups, a prayer network, youth retreats, and other services. The Region is served by a Core Team. We invite all members to join one of the Region or Area Teams, which are the major interface between the Organization and the community in which they reside. For more information about the Pacific Northwest Region, call our toll-free number: 1-888-812-3386.