

Association For Research and  
Enlightenment of Washington, Inc.  
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A non-profit organization established in 1931

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**What is the A.R.E. ?**

The Association For Research and Enlightenment, Inc. founded by Edgar Cayce in 1931, is an International non-profit Membership organization headquartered in Virginia Beach, Virginia. Its mission is to promote the study, application, and dissemination of the information contained in the psychic readings of Edgar Cayce, and to help people change their lives for the better through the spiritual concepts in the Cayce readings.

ASSOCIATION FOR RESEARCH and ENLIGHTENMENT (A.R.E.)

*Pacific Northwest Region*  
*Communications Bulletin*  
(Fall 2006)

*General Information and Coming Events*

Check our A.R.E. Region Website [www.arepnw.org](http://www.arepnw.org) for updates of future programs and communications assistance. Your name, address, phone and Email address will not be sold or provided to other organizations.

**Note:** This Bulletin replaces the Fall issue of the Pacific Northwest Region Newsletter. It is expected At this time that the Winter issue of the newsletter will be out sometime in early Feb.

**Information about the A.R.E. Pacific Northwest Region**

Leadership in this Region (one of ten Regions and centers in the National A.R.E.) consists of a "Core Team" of volunteers which makes policy decisions and procedures in keeping with the parent organization policies and reports to that organization. The "Core Team" elects local volunteers to an "Administration Team" (listed below) which administers the "Core Team" decisions and facilitates the work of sub-teams performing specific tasks.

**Administration team volunteers are as follows:**

**Claudia Carabba** – Administration team leader with dual role of Region Coordinator responsible for coordination with Virginia Beach headquarters. Phone 888-812-3386 or [arepnw@comcast.net](mailto:arepnw@comcast.net)

**Gary Schoonveld** – Responsible for product sales and Inventory. (storage locker in Anacortes, WA)  
Phone 888-812-3386 or [arepnw@comcast.net](mailto:arepnw@comcast.net)

**Halette Salazar** – Responsible for program coordination. Phone 360-638-2818 or [halette@century.net](mailto:halette@century.net)

**Keith Grinnell** – Responsible for communications. Phone 253-839-9594 or [klgrinnell@aol.com](mailto:klgrinnell@aol.com)

**David Gerdtz** - Responsible for the Treasurer duties. Phone 360-943-6318 or [dgerdts@aol.com](mailto:dgerdts@aol.com)

**(vacancy)** - Responsible for outreach (volunteer needed) contact Claudia Carabba 888-812-3386

**Please direct questions to the above people and they will facilitate answers to your questions.**

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## Coming Special Events & Programs

### Nov 4, 2006 Portland, OR

Kevin Todeschi program “**Edgar Cayce on the Akashic Records and Relationships**”  
This is an A.R.E. Field Conference program being held at the Red Lion Hotel Convention Center. Contact A.R.E. headquarters at 888-273-0020 for details and registration. Kevin is an author of dozens of Cayce related books and has served the A.R.E. in many capacities. He will become the Executive Director of the A.R.E. in Virginia Beach, Virginia starting Jan 1, 2007.

### Nov 18, 2006 Lynnwood, WA (9:30 – 5:00pm)

Nancy Eubel program “**Synchronizing With the Universal Forces**” This program is sponsored by The A.R.E. Pacific Northwest Region and it’s affiliate, the Pudget Sound Area Team

Learn how to apply easy and practical spiritual technologies to harness the power, resources and guidance of the Universal Forces as you navigate through life’s challenges. Learn how to attune to a higher spiritual vibrational energy to create positive changes in your daily life, your relationships and your world, as you synchronize and align with the Universal Forces.

Nancy is a Master clinical hypnotherapist, shamanic ractitioner and Reiki therapist. She is a former Executive Director of the A.R.E. , tour leader and dreams and Meditation leader. Nancy focuses on self-healing in private practice and in this program.

**Pre-Registration by Nov 15th for discount. Late registration at-door. Contact Keith Grinnell if you need a flyer, at 253-839-9594 or [klgrinnell@aol.com](mailto:klgrinnell@aol.com)**  
**Check our web site for other interesting events.**

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## Coming Special Events & Programs

### Dec 3, 2006 Christmas Party, Olympia, WA

Sponsored by the A.R.E. Pacific Northwest Region, Pudget Sound Area Team. This annual event will again be held at the ‘Discovery House’ retreat center in Olympia, WA The Christmas gathering will be hosted by by its directors, Janet Marie and David Gerdt. Much joy and sharing is experienced by everyone along with enjoying a delicious potluck Christmas meal. All friends of the A.R.E. are welcome and invited to join us ( 2:00 - 6:00pm ).  
**Contact Keith Grinnell for more information at 253-839-9594 or [klgrinnell@aol.com](mailto:klgrinnell@aol.com)**

**Remember to check our web site [www.arepnw.org](http://www.arepnw.org).**

### Personal Astrology Reports Available

Astrology charts are available for purchase through the Pacific Northwest Region including ‘Basic Natal’, ‘Expanded Natal’, ‘Past Life’, ‘Basic Life Themes’, ‘Vocational Guidance’ & ‘Hidden Messages’ to name a few. To view a complete list of reports available, or to order, you may obtain an order form by download. Access our web site and click on ‘Astrology’ or contact David Kralman below.. All proceeds benefit the on-going work of the local A.R.E.

Contact: **David Kralman** 24502 SE 380th St.  
Enumclaw, WA 98022 or  
Email: [astrology@arepnw.org](mailto:astrology@arepnw.org)

**Note: Enter “Astrology” on subject line.**

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## Coming Special Events & Programs

### March 23-25, 2007 Seabeck, WA

Gregg Unterberger will present his program, “**Exploring the Mysteries Of Your Mind**” at our Region sponsored Spring Seabeck Retreat. It will cover a broad range of intuitive subjects closely related to the Cayce readings.

Gregg Unterberger, M.ED is a licensed Professional Counselor and Certified Clinical Supervisor in private practice in Austin Texas. Gregg’s program on the mind includes exploring symbology, foreseeing your potential future and remote viewing. For more detailed information or a flyer please see the Region web site or call Maryellen Babbitt at 360-377-7824 or Keith Grinnell, 253-839-9594, Email: [klgrinnell@aol.com](mailto:klgrinnell@aol.com)  
**A flyer for this program is due out in Early Feb.**

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## Search For God / Spiritual Growth Groups

A study group is now forming in Grants Pass, OR. We also have an interested person thinking of starting a group on Whidbey Island in Washington. If you are interested in any of these new groups or would like information about our study group program, please contact Darsi Bucher at 425-681-0020 or [bu.rein@cablespeed.com](mailto:bu.rein@cablespeed.com).

**Our Website has a list of all the study groups in this region and the people to contact for each of the groups**

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**Volunteers needed in many endeavors - Contact Claudia** 888-812-3386, Email: [arepnw@comcast.net](mailto:arepnw@comcast.net)